

BRAINBALL

GENERAL RULES AND REGULATIONS

National Public Speaking Contest - Le Tout Monde

2026 Edition

Article 1: Nature and objectives of the competition

Created in 2025 by **Samuel Binyou**, Brainball-Fibra is a national public speaking competition that contributes to the **education** and **awareness** of young people on issues related to world affairs. The game of brainball is an exercise in motor skills (body), memory (brain), concentration (leadership), thinking (reflection), general knowledge (genius), expression (language), but also an exercise in stress relief and anti-aging (health).

Article 2: Areas of focus for the competition

Paragraph 1: This competition is open to young people aged 15 to 25 who are enrolled in a middle school

or high school. Teams are made up of seven (07) *brainballers*, including three (03) substitutes, for a total of 10 participants per school after a selection process involving one hundred (100) candidates trained per school (see Terms of Reference). Citizens of other countries may take part by official invitation as a "Guest country" or on their own initiative.

Paragraph 2: Through various disciplines of oral arts, the competition addresses all issues related to the Tout-Monde and the thinking of Edouard Glissant.

Paragraph 3: The competition also aims to support national winners in their socio-professional integration, in addition to contributing to the development and structuring of the oral arts sector in schools in Cameroon.

Article 3: Organization of the competition

BRAINBALL FIBRA is organized, with the support of the French Institute of Cameroon, by Debate Cameroon (CDA), the legal representative of the Cameroonian Federation of the Arts of Speech (FECAP), in partnership with the International Network for the Promotion of the Arts and Orality (RIPAO). The umbrella organization's mission is to find a "co-host" to host, train, and co-organize the competition in each region. The ideal solution is to first turn to the AF network, then to schools, then to universities, and as a last resort to any other type of institution capable of hosting and co-organizing the competition.

Article 4: Date and location of the competition

Paragraph 1: Brainball takes place over a period **of six months**, ideally from November to April in the ten (10) regions of Cameroon, with the national final in April 2026 at the IFC in Yaoundé (see provisional schedule). In certain cases (disasters, national events, merging with international events, etc.), the competition may be moved or rescheduled. The regional competitions will start in **February**, according to the calendar proposed by each regional federation in accordance with the national action plan for the current year. The final

phase takes place at the IFC in Yaoundé, ideally **between March and April**.

Paragraph 2: The regional phases take place on the premises of BRAINBALL's regional partner institutions (secondary schools and universities) under the supervision of the national organizing committee. The location of the regional finals is approved by the BRAINBALL National Committee after a proposal from the regional federation at least 30 days before the event. Priority must be given to AF networks: AFC, IFC, AF, etc.

Article 5: Conditions of participation

Paragraph 1: Registration

Registration is free, open to individuals, and exclusively online. It opens in January on the website www.debatecameroon.org.

Each pupil or student wishing to take part in the competition must submit their application within the deadlines indicated on the online platform. Any applications submitted after the deadline will be rejected, except in exceptional circumstances.

Paragraph 2: Types of applications

Participation in the competition is on an individual basis, representing a school (secondary or university) or a public speaking club recognized by a school. Group applications are

accepted when they are duly signed by the partner school. However, participants in the competition who are recommended by their school must still register on the online platform mentioned in Article 5: 1.

Paragraph 3: Training of participants

BRAINBALL is also a platform for strengthening the skills of its beneficiaries. Training is free of charge and provided by the CDA's network of partners.

Paragraph 4: Accreditations

BRAINBALL offers three types of accreditation: regional accreditation, institutional accreditation, and media accreditation.

- **Regional Accreditations:**

These are awarded to regional partners responsible for organizing the competition in the regions. These partners act as BRAINBALL's legal representatives in the region. Their term of office is one year renewable. Applications are made online in January.

- **Institutional**

- Accreditations:** 20

institutions (middle schools, high schools, universities, etc.) per region will be selected to take part in BRAINBALL. In order to remain in the competition the following year, these

institutions must pass an accreditation exam that allows them to stay in the competition circuit and benefit from the privileges of BRAINBALL. One of the key points of accreditation is the creation and running of a public speaking/brainball club within the institution, recognized by the CDA. The number of accredited institutions may increase in line with the success of the annual accreditation exams. The number of accreditations will increase **at least every five years. The CDA will select one pilot school per city. The pilot school will receive the equipment free of charge by joining the CDA.**

- **Media Accreditations:** The media are free to cover BRAINBALL in all regions. However, to cover the final stages, either an official invitation or accreditation is required (if the media outlet has not received an official invitation).

Article 6: Practical Organization of the Competition

Paragraph 1: The competition is organized in several languages, several categories, and several sections.

Paragraph 2: The official languages of BRAINBALL are French and English. Linguistic integration into the competition will be gradual. Priority will be given to the major categories of the African Confederation of Spoken Arts (CAAP). It is possible that other languages may be included in the competition.

Paragraph 3: The BRAINBALL competition is organized into **five categories**:

- ❖ Flash quiz;
- ❖ Logic & math challenge;
- ❖ Creative brainstorming;
- ❖ Expression & eloquence challenge;
- ❖ Performance

New categories will be added or removed each year depending on necessity (1), partners (2), budget (3), or the international circuit (4). A charter and sector-specific internal regulations provide more details on the competition categories.

Paragraph 4: The BRAINBALL competition is organized **for brainballers** and in both languages, according to five (05) sub-disciplines. In addition to these, **judges, Brainball ambassadors, coaches, institutions, and regional partners** also compete.

Applications are made exclusively online.

Article 7: Awards

Paragraph 1: Regions

The competition is sanctioned at the regional level with medals and trophies. Prizes may accompany these awards. Depending on the level of involvement of the regional federations, cash or in-kind prizes may accompany the awards. The best speakers also receive certificates. Other participants may receive certificates of participation upon request. However, these are not mandatory. **BRAINBALL covers all expenses for the two (02) best speakers from each region for the national finals.** Other participants in the national finals are responsible for their own expenses.

Paragraph 2: The national finals

Well-defined prizes, awards, and certifications (see BRAINBALL brochure or TDRs) accompany the winners of the final rounds. In addition, BRAINBALL reserves the right to select from among them the appropriate speakers for the international competition circuit at the expense of the CDA and its partners.

Article 8: Arbitration, disputes, or complaints.

BRAINBALL is arbitrated by the supreme body of the competition, the Adjudication Panel. Composed mainly of Brainball ambassadors from the regions, it manages arbitration, complaints, and recommendations related to arbitration.

During competitions, any complaints may be made by each candidate by filling out a complaint form that will be made available.

Complaints may relate to a judgment deemed valid by the candidate but not taken into account by the jury. They must be submitted to the jury before deliberation in order to be processed. Complaints after deliberation are not admissible.

Regional partners may also express disputes or complaints. In this case, they must be addressed directly to BRAINBALL Central, or, if unsatisfactory, to the FECAP platform.

Article 9: Announcement of results

Before announcing the results, the jury is required to respond to each complaint, giving reasons for its decision.

The final stages are supervised by an odd-numbered jury composed of jurors from several professions, whether they are closely related to the discipline being judged. Each competing institution must have a

representative on the jury for the final stages, whether at the regional or national level.

Done at Yaoundé, January 27,
2026

For BRAINBALL

The National Committee